

# Asthma

Teachers must be familiar with their school division's and school's asthma policy/protocol

This section includes:

- **Asthma Definition and Symptoms**
- **Asthma Medication at School**
- **Exercise-Induced Asthma**
- **Physical Activity and Students with Asthma**
- **Strategies for Managing an Asthma Attack**

For more information and to order resources designed to increase the skills and knowledge of educators about asthma management in schools visit [www.mb.lung.ca](http://www.mb.lung.ca)