

# Sudden Arrhythmia Death Syndrome

Sudden Arrhythmia Death Syndrome (SADS) refers to a variety of cardiac disorders which are often genetic, undiagnosed, and can be responsible for sudden death in young, apparently healthy people. For example, Long QT Syndrome (LQTS), a genetic condition that predisposes individuals to arrhythmias, fainting spells and sudden death. It is often symptomless and can therefore remain undiagnosed.

Research suggests that over 700 Canadians under the age of 35 die each year from an undiagnosed cardiac rhythm disorder.

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